



Client Intake Form

Name: _____ Date of Birth: ____/____/____

Male Female Cell Phone: (____) _____ Occupation: _____

Address: _____ City/State/Zip: _____

Email Address: _____ How did you find us? _____

Emergency Contact: _____ Phone: (____) _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

Have you ever had a professional massage or bodywork session? Yes No How recently? _____

What are your massage goals? _____

What kind of pressure do you prefer? Light Moderate Firm Deep Tissue (extra fee may apply)

Please check ALL boxes that apply to you and provide a clear explanation when necessary:

Yes No

- Frequently suffer from stress
- Do you have diabetes? If yes, what meds? _____
- Frequently suffer from headaches?
- Are you pregnant? If yes, how many weeks? _____
- Do you have high blood pressure? If yes, what meds? _____
- Do you suffer from joint swelling? If yes, where? _____
- Do you have varicose veins? If yes, where? _____
- Do you have osteoporosis? _____
- Do you have allergies? If yes, to what? _____
- Do you bruise easily? _____
- Have you broken any bones in the last 2 years? If yes, which? _____
- Have you had any recent injuries or surgeries we should know about? If yes, what? _____
- Do you have any common or plantar warts? If yes, where? _____
- Do you have tension or soreness? If yes, where? _____
- Are you sensitive to touch or pressure? If yes, where? _____
- Other medical conditions or medications? _____

I understand that the massage I receive is provided for the basic purpose of relaxation. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure may be adjusted to my comfort. I understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment. I understand that massage therapists are not qualified to perform spinal adjustments, diagnose, prescribe, or treat any physical or mental illness, and nothing said in the course of the session should be construed as such. Due to the fact that massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session and I will be liable for payment of scheduled appointment. ***I understand that I will be charged for the full service cost if I cancel within 24 hours of the appointment date.*** Initial here: (____)

Client Signature: _____ Date: _____

Therapist Signature: _____ Date: _____